

# Women in Healthcare Information Technology

Inspiring female leaders

## Whitty Women Newsletter

### **President's Message**



Dear WHIT Members:

I am thrilled to express my admiration for the exceptional contributions you all make to the field of Information Technology. Your efforts are paving the way toward a more inclusive and forward-thinking industry. As we consider the myriad ways in which IT is manifesting remarkable impacts, particularly in healthcare, the domain of women's health remains especially close to my heart.

The link between my personal life and our shared mission was recently highlighted when my daughter embarked on a role dedicated to advancing women's health initiatives. This serves as a reminder of the profound influence our sector can have, with women like you at the helm using technology to bridge gaps in healthcare access and treatment. Your work ensures that these solutions are not only effective but also equitable.

In our quest to embark on initiatives designed to support our members' growth as leaders in healthcare technology, I am excited to announce the slate of our upcoming webinar series:

- Making Health & Wellness a Priority for Women
- Successfully Navigating a Job Transition
- Utilizing AI to Enhance your Effectiveness at Work

I also wanted to share a reminder about our mentoring program which offers personal and professional development opportunities, fostering the next generation of women leaders in technology. <u>Click here, if you are interested in participating in our</u> <u>mentoring program.</u>

Let us reaffirm our commitment to empowering women in IT and to breaking new ground in both technology and healthcare. Together, we are crafting a future that is not only technologically advanced but also profoundly inclusive and beneficial, particularly for women.

Thank you for your relentless dedication and inspiring innovation. I am eager to witness the continued achievements of our association this year and for years to come.

Warm regards,

Angela Rivera President

#### **Thank You to Our Sponsors**











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#### **Mentorship Corner**



WHIT mentee Amy Hazelwood

Carrie Whysall has been a mentor to me for over a year now - probably closer to two years. Mentoring with her has been invaluable not only to my career, but to whom I am as a person as well. Even though I have twelve years' experience in cyber security, my roles have been very "siloed." Working with Carrie has really opened up my view of cyber security in large organizations. She is very experienced and can speak to every question I have – even those I did not know I had.

Without Carrie Whysall I would not be where I am today. She believed in me when I did not completely believe in myself. She saw the value in my work when my management did not. She encouraged me to move on in my career when an opportunity arose. Without Carrie's guidance, I would have continued to doubt my abilities and I am sure that I would not have the great job that I have now.

I am not sure who chose to put Carrie and I together as mentor and mentee, but they did a perfect job. In my opinion we are a great fit; but of course, who could not get along with Carrie? She is fantastic! She is so kind and intelligent, and her positivity is infectious. Carrie has been much more than a mentor to me: she has been a great friend.

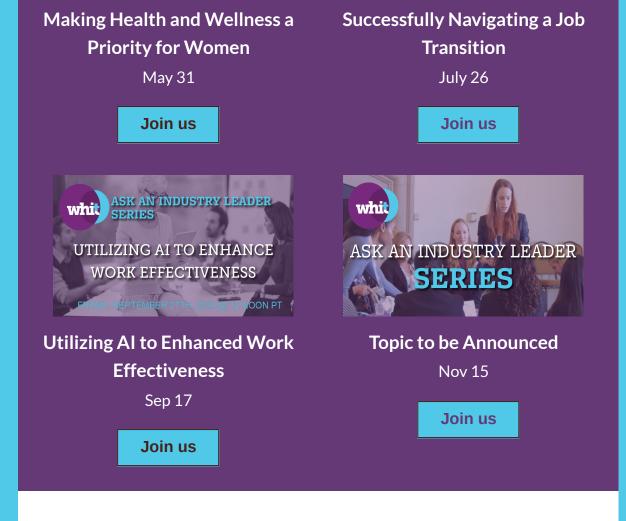
Thank you to WHITTY for putting the mentor program together. It has greatly strengthened my self-confidence and my career.

Sincerely, Amy Hazelwood

#### Ask an Industry Leader Webinar Series









Dear Whitty Women offers monthly advice on career development for women in healthcare information technology.

Ask Dear Whitty Women

Below please find out most popular post

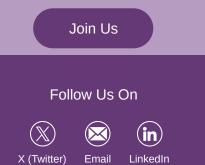
Dear Whitty Women, I am considering a career in Healthcare IT but am unsure about prioritizing skills. As women excelling in a professional role within the Healthcare IT domain, could you share insights into the key skills and knowledge areas that were crucial for your career growth?

Dear Reader, Embarking on a career in Healthcare IT is not just a professional journey; it's an exploration of opportunities for growth and meaningful impact. As professionals navigating this dynamic field, we appreciate the nuanced blend of skills and knowledge pivotal in shaping our careers. Here are key facets that have fueled our growth in Healthcare IT:

- **Proficiency in Healthcare IT Fundamentals:** A robust understanding of electronic health records, health information systems, and data interoperability standards is empowering. This knowledge opens doors to impactful contributions in healthcare projects and ensures alignment with industry needs.
- Effective Communication: Beyond the technical realm, the ability to articulate complex ideas to non-technical stakeholders is a bridge. Effective communication fosters collaboration between IT professionals and healthcare practitioners, integrating innovative solutions into healthcare workflows.
- Adaptability: In the dynamic healthcare sector, adaptability is a superpower. The continuous evolution of technologies and regulations demands perpetual learning and adaptability.
  Embracing change with resilience contributes to ongoing advancements shaping the future of healthcare technology.
- Project Management: Strong project management skills are essential for orchestrating the successful implementation and optimization of IT solutions within complex healthcare settings. Projects are not just timelines and tasks but opportunities to transform.
- **Commitment to Security and Privacy:** An unwavering commitment to data security and privacy is non-negotiable given the sensitive nature of patient information. Adherence to regulatory frameworks, such as HIPAA, ensures compliance and builds trust among stakeholders, reinforcing the integrity of the healthcare IT infrastructure.
- Networking and Mentorship: Building a robust professional network, especially with women in technology, and establishing mentor-mentee relationships provide valuable insights and support, creating a safety net that offers guidance and perspective.

In summary, achieving success in Healthcare IT for professional women involves cultivating technical expertise, honing effective communication skills, embracing adaptability, mastering project management, ensuring a commitment to data security, and fostering a strong network of support. These key skills collectively contribute to individual career growth and positive advancements within the healthcare technology landscape.

We welcome volunteers and sponsors to help us reach more women and help these women reach even higher. Become a mentor or join us at our next event or meet-up. If you are interested in helping us on our mission, join us by clicking on the button below.



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